

COVID INFORMATION FOR PARENTS



Hungry Caterpillars has remained open throughout the pandemic and have adapted our procedures in line with 'risk and impact' and current legislation.

What measures are in place to keep the nursery safe?

We have a number of measures in place on a day-to-day basis to reduce the risk of transmission of COVID in the nursery. These include the following:

1) Minimise visitors to the nursery

To reduce risks we continue to limit visitors to the nursery. Deliveries are dropped off outside the building and where possible we only allow regular access to staff and children.

Parents drop off and collect at the door but can book an extended visit at an agreed time, with the manager.

We carry out socially distanced show rounds and settles for families.

2) Wearing PPE

Our staff continue to wear masks at drop off and collect time and when social distancing cannot be maintained. We ask that parents and visitors also wear masks at these times.

3) Good Hygiene for Everyone

Frequent and thorough hand washing is practiced regularly and children are supported to do the same.

4) Good Respiratory Hygiene

The 'catch it, bin it, kill it' approach is followed in the nursery and children are supported to do the same.

5) Well Ventilated Rooms

We ensure that our rooms are well ventilated with good airflow. We do this by keeping windows open and external doors if possible.

6) Daily Hygiene / Cleaning Routines

There are stringent cleaning routines in place for all rooms on a daily basis. This is in addition to our 'out of hours' cleaners who clean and prepare the nursery for the next day.

7) Returning to nursery after travel abroad

Staff and parents are required to declare any overseas travel plans with the nursery manager. Current travel legislation is followed with regard to overseas travel (red/amber/green).

Under 5's are not legally required to isolate or test following travel abroad. However if a family is isolating and wish for the child to attend nursery then they will need to be dropped off by someone not isolating.

Please see our risk assessment here.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to nursery and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

If they develop symptoms at nursery then we will care for them away from the rest of the children and parents will be required to come and collect them.

From 16 August, if you are fully vaccinated or aged under 18 years and 6 months you will not be required to self-isolate if you are a contact of someone who has tested positive for COVID-19. However, you may be asked by NHS Test and Trace to take a PCR test and if it is positive you will be required to remain at home for 10 days from the test. [Click here to view the latest guidance.](#)

If there is a positive Case at the nursery or my child is a Contact, will I be notified?

The nursery is no longer responsible for contact tracing. If your child is a contact of a positive case at nursery, you will be contacted by NHS Test and Trace.

Guidelines to Infections

We know many children will have colds and runny noses and there will be various questions from parents about whether they should bring their child to nursery. We ask that children remain at home if they have the following:

- A high temperature
- A new / consistent cough
- A loss / change of taste or smell

Children will need to be tested and the test shared with the nursery before they can return.

There are a number of non-covid related illnesses that could cause a child to be off nursery in which case, our normal policies apply.